Newsletter 2

November 10, 2021

My husband and I are fortunate to have two beautiful daughters. Natalia is seventeen, confident, witty and loves playing high school basketball. Natalia always has a story to tell and easily entertains a crowd. Samantha, my older daughter, is nineteen, very empathetic, has a smile that lights up the room and is presently attending university to become a radiation therapist. We raised our children to become independent members of society and to use their gifts to contribute to our world and make it a better place.

As we grow older, I hope my children are happy and can support themselves. What happens when I get older? Should I expect my daughters to help me with downsizing and moving? I hope my children are there when I need them the most but when they have their own families, their own home, and careers, how much time will they be able to give me? Will they be healthy enough to assist me? Will they be able to get the time off?

Do I want my daughters to be over-burdened with helping me out when they have their own busy lives?

As we need to plan for our retirement, we also need to plan for our future move and possibly downsizing. Good foresight can reduce stress and make a huge difference when needing to move.

This issue covers points you may want to add to goals when planning for the future.

Nicole

It's Eazy Peazy!

Recreating the lifestyle you desire through compassionate downsizing and relocating

Try to think five years ahead. Where do you want to be in five years?

Consider your health, your income, your home and think about where you want to be living?

Good foresight and some planning can save you a lot of stress.

As one client mentioned to me: It's better to move while you are still able to keep up with your home. That way, you can get better value for it when selling.

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Specifically, make a list of goals and schedule planning time into your calendar. Goals may include such things as:

- Meet with a financial planner and figure out your budget for retirement years.
- Plan for your health: What are your needs for a comfortable lifestyle?
- Explore new places or locations to move to, even when you are not ready to move.
- Perform repairs on your home.
- Clean out your storage areas or garage. Break projects down so they can be completed in one or two days. Clean out a new area every three months. Ask for help when you need it.

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ph. (587) 598-6123